

## First Sunday of Lent March 1, 2020

### Mass Intentions

#### Monday, March 2

Lv 19:1-2, 11-18...Ps 19:8, 9, 10, 15...Mt 25:31-46

**8:00 AM Mass** – Bill Snyder +

#### Tuesday, March 3

Is 55:10-11...Ps 34:4-5, 6-7, 16-17, 18-19...Mt 6:7-15

**8:00 AM Mass** – Mass intention not scheduled

#### Wednesday, March 4

Jon 3:1-10...Lk 11:29-32...Cf. Ps 5:12

**7:00 AM Mass** – Mass for Knights of Malta

**6:00 PM Mass** will be at St. Mary Church

#### Thursday, March 5

Est C:12, 14-16, 23-25...Mt 7:7-12...Mt 7:8

**8:00 AM Mass** – John Robertson +

#### Friday, March 6

Cf. Ps 25:17-18...Ez 18:21-28...Mt 5:20-26

**8:00 AM Mass** – Special Intention

#### Saturday, March 7

Dt 26:16-19...Ps 119:1-2, 4-5, 7-8...Mt 5:43-48

**8:00 AM Mass** – Keith Beemer +

**4:00 PM Mass** – Carmen Ostrowski +

#### Sunday, March 8

Gen 12:1-4a...Ps 33:4-5, 18-19, 20, 22...2 Tim 1:8b-10...

Mat 17:1-9

**8:30 AM Mass** – Stains and Cunningham Family +

**11:30 AM Mass** – People of the Parish

Prayers and Sympathy to the family and friends of Jim Flach, the father of Ashley Smith. Please pray for Jim and for his family.

There is a correction to the **Lenten Schedule** insert in last weekend's bulletin. We will not have a 6:00 PM Mass at Cathedral on Wednesdays during Lent. Everyone is invited to **Wednesday Evening Mass at 6:00 PM at St. Mary Church**, followed by a Potluck Dinner and Program. The speakers schedule is: **March 4-Father Jayson Becker; March 11-Dr. Ed Kammerer; March 18-Arman Partamian; March 25-Father Joshua Barlett; April 1-Dr. Ed Kammerer.**

Our **Stations of the Cross Schedule** also has been corrected to reflect **12:00 noon** and **5:30 PM** on **Fridays** during Lent at **Cathedral**. On **Good Friday**, Stations will be at **3:00 PM**.

It's not too late to sign up for **Rediscovering the Saints** study groups. We will be offering various days, locations, and times. Contact **Jeanne Modlin, 262-3697**, for more information.

Sign up online for **"Best Lent Ever"** to receive daily inspirational videos sent directly to your email. Pick up the companion journal in the west vestibule of church.

### WEEKLY OFFERTORY INCOME

Monthly Budget Goal \$63,917.00

	<u>Offertory</u>	<u>Aged, Sick &amp; Poor</u>
Week 1	\$10,516.30	\$ 882.00
Week 2	\$14,278.00	\$ 357.00
Week 3	\$12,283.82	\$ 325.00
Week 4	<u>\$17,737.66</u>	<u>\$ 175.00</u>
Total	\$54,815.78	\$ 1,739.00

### This Coming Week

#### Monday, March 2

9:30-11:00 AM Food Pantry - Rectory Basement

6:00-6:50 PM School of Religion – Ruggle Hall

#### Tuesday, March 3

6:00-7:00 PM Brownies (Hausman) – Ruggle Hall

#### Wednesday, March 4

9:00 AM-12:00 PM Sewing/Crafts Group-Rectory Basement

9:30-11:00 AM Food Pantry - Rectory Basement

7:00 PM Cathedral Choir Rehearsal – Ruggle Hall

#### Thursday, March 5

3:15-4:15 PM Chess Club – Ruggle Hall

#### Friday, March 6

8:00 AM All School Mass – Church

9:00 AM Cleaning Church after Mass

9:30-11:00 AM Food Pantry - Rectory Basement

12:00 noon Stations of the Cross - Church

5:00-7:00 PM Archery Class – Gym

5:30 PM Stations of the Cross - Church

#### Saturday, March 7

10:00 AM Confirmation Rehearsal - Church

2:30 PM Confessions

3:30 PM Rosary

4:00 PM Mass

#### Sunday, March 8

8:00 AM Rosary and Confessions

8:30 AM Mass

11:00 AM Confessions

11:30 AM Mass

2:00 PM Confirmation - Church

**All ladies of the Cathedral Parish** are invited to a join **Day of Recollection** with the **ladies of St. Francis Xavier Parish** on **March 5. Check-in begins at 9:00 AM, with first session at 9:45 AM** in the **St. Francis Xavier Parish Center. Father Joe Miller** will be the presider. **A box lunch will be served for \$8.** Please call in your reservation by **Monday, March 2, to Angie Brownell at 752-8844.**

We need help doing some deeper cleaning of the church after the **8:00 AM All School Mass** on **Friday, March 6.** We would like the Church to look it's best for Confirmation on **Sunday, March 8.** Please meet in the west vestibule.

Our **sewing/craft group** will begin meeting again on **Wednesdays, 9:00 – 12:00 noon**, in the **Rectory Basement.** First meeting will be this coming **Wednesday, March 4.**

Our annual **St. Joseph Day Dinner and Table** is on **Thurs., March 19, 4:00-7:00 PM**, in our auditorium. We will have our traditional spaghetti and meatballs, bread sticks, salad, drinks and wine to purchase. It is a free will offering. The Table will have desserts and goodies to buy with proceeds going to our Food Pantry. We do need meatball and spaghetti sauce makers on **Sat., March 14, at 8:30 AM** in Cathedral's kitchen. Workers needed to set up/decorate for the dinner on **Wed., March 18, 8:30 AM-noon** in the gym. Workers also needed to help the day of the dinner with preparations before, during, or after. Contact **Kitty Spafford at 232-7763** or **kspafford@cathedralsj.org** if you can help!

“Be merciful, O Lord, for we have sinned.” (Ps 51:3-4)

**Father Hansen’s message . . .** When I was a newly ordained priest, I was encouraged to offer Confessions for a half-hour before each Mass. I started, and for weeks and weeks no one came to the Sacrament. Frustrated I spoke with my spiritual director and he said, “pray for patience.” Whose prayers should I ask for assistance with this patience through, I thought. Bl. Alvaro del Portillo (he was servant of God, then) came to mind. He looked like a grandfather and had to be patient following around a Saint (Josemaria Escriva) who had a big personality and had been used by God to speak of the universal call to holiness, if you will, over thirty years before Vatican II made it famous. Anyway, I prayed to Alvaro the next day in the confessional, and six people came to confession!!!! I continue to pray for patience through now Blessed Alvaro.

As a fruit of the Holy Spirit, patience is the result of the gifts of the Holy Spirit given in Baptism and sealed in Confirmation. One of the greatest ways to see the fruit of patience come to life is to ask for it, and confess failures so sanctifying grace can push us on to new levels of the gift!

St. Paul tells us in Romans, “...be aglow with the Spirit, serve the Lord. Rejoice in your hope, be patient in tribulation, be constant in prayer”. May the fruit of patience ripen this Lent, and may the effects, especially on those close to us, be felt!

The **Knights of Columbus Council #5067** is hosting their annual **Fish Fry** on Fridays during Lent, **5:00-7:30 PM**, through **April 3** at their **Council Hall, 1205 N. 49<sup>th</sup> Terrace**. Menu includes Fried Catfish or Shrimp Alfredo Fettuccini with cheesy potatoes, coleslaw, rolls, tea and water. Drive-thru available. \$10 for adults, \$5 for children ages 12 and younger.

The **Office of Divine Worship** is co-sponsoring 24 hours of adoration and confessions with **Mir House of Prayer** on **March 20-21**. It will be **8:15 AM** on **March 20** until **8:15 AM** on **March 21**. For information or to sign up for adoration, please go online: [kcsjatholic.org/events/24-hours-2020](https://kcsjatholic.org/events/24-hours-2020).

**Brothers in Christ Men’s Conference – Sat., March 21, 7:30 AM-4:00 PM**, at **Our Lady of Guadalupe Parish** in **St. Joseph**. Join us for a Day of Spiritual Growth & Inspiration. Day will include Mass, Confession, Holy Hour, hot lunch, and great speakers: **Jon Leonetti, Father Richard Heilman, Michael John Poirer, Coach Tony Dudik**, and Closing Mass with **Bishop James Johnston**. Tickets \$30. Please purchase tickets through [Eventbrite.com/e/2020-brothers-in-christ-mens-conference-tickets](https://eventbrite.com/e/2020-brothers-in-christ-mens-conference-tickets) or **David Hurst, 816-262-3950**.

The **Southside Sertoma Club** is sponsoring a **Fund-Raiser Campaign for Deaf Children** to attend camp. There will be a **BBQ Dinner** on **Sun., March 8, 11:00 AM-2:00 PM**. All are invited to attend this event at the **South Side Hall, 502 Illinois Ave.** in **St. Joseph**. Cost: \$10 Adults; \$5 Children 6-12.

### **CHECK THIS OUT . . . *The Good News of Cathedral***

- **Congratulations** to and **God’s Blessings** on **Leo Gabriel Thrasher** who was baptized at the Cathedral last weekend!
- **Thank you** to **Theresa** and **Tony Drummond** for their donation of lovely tablecloths to the Altar Society!

### **School and ECC News**

- **Congratulations** to the following students on competing in the MCTM Math Competition at Oak Grove in February: **Ava Libel, Henry Staggs, Easton Conroy, Colby Grable, Isabelle Giles, and Ryder Mattox**. **Henry Staggs** earned 4<sup>th</sup> place in the Sprint competition and **Ava Libel** placed 5<sup>th</sup> in Number Sense and took 4<sup>th</sup> place overall!
- **Cathedral Cash** can be purchased/ordered at the table in the west vestibule after our weekend Masses, by contacting **816-232-8486** or [CathedralCash@cathedralsj.org](mailto:CathedralCash@cathedralsj.org), or go online to [www.shopwithscrip.com](http://www.shopwithscrip.com).

The Catholic young adult group, **Coram Deo**, will meet on **Friday, March 6**, for **First Fridays**. Meet at the **Mir House of Prayer** at **6:10 PM** for Adoration and Reconciliation, followed by Mass at **7:00 PM**. Please eat beforehand. Questions? Contact **Ally Goetz** at [agoetz@olog.org](mailto:agoetz@olog.org).

**Bishop LeBlond Annual Trivia Night** will be on **March 21**. Doors open at **5:30 PM**. Trivia starts at **6:00 PM**. \$25/person, 8 person team limit. BYOB (Beer, soda, and water provided). Tickets can be purchased at the door or online at [bishopleblond.com](http://bishopleblond.com).

**Bishop LeBlond Grandparents Mass** will be at **11:00 AM** on **March 18**. Please join them for Mass.

**Lenten Soup and Silence Retreat** at **Sophia Spirituality Center, 751 S. 8<sup>th</sup> St.** in **Atchison, KS**, on **March 3, 13, 19, and 25, 9:00 AM-4:00 PM**. Come for the morning or spend the day. They will have hot soup and warm bread for you at noon. Spend time in silence, walk their beautiful grounds, or pray in **St. Scholastica Chapel**. Free-will offering. Register at **913-360-6173** or [www.sophiaspiritualitycenter.org](http://www.sophiaspiritualitycenter.org).

**Beginning Experience** is offering a healing weekend on **April 24-26**, at **Precious Blood Renewal Center** in **Liberty**. This invitation is open to men and women of all ages who have suffered the loss of a spouse through death, divorce, or separation. It is a time to heal and a time to begin anew. Reservations required. Email [register.bekc@gmail.com](mailto:register.bekc@gmail.com) or contact **Laura** at **308-530-1873**.

**Sisters are praying for you during Catholic Sisters Week:** On **March 8-14**, the **Sisters of Charity of Leavenworth** will offer special prayers of thanksgiving for everyone with whom they have served and for all they have served through their ministries. The Sisters are grateful for their vocations to religious, consecrated life, and for the many good people with whom they have collaborated to share the spirit of charity.

**Daylight Savings** begins again next **Sunday, March 8**. Don’t forget we lose an hour. Please adjust your clocks/alarms so you will be on time for Mass, Confirmation, or other special Sunday events!

**Stewardship makes a difference . . .** A big thank you to the **Dynamic Parish Team** for the wonderful event this past week!

# Sacrifice of Praise

*First Sunday of Lent: Genesis 2:7-9; 3:1-7 / Romans 5:12-19 / Matthew 4:1-11*



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## Jesus Offers Us an Example for Resisting Temptation

In Scripture, forty symbolizes a time of waiting and preparing. Jesus' response to the desert temptations presents three excellent examples of how we can fight temptation in our lives. In today's Gospel (Mt 4:1-11), we witness the faith-strengthening power of fasting, Scripture, and prayer. In the desert, Jesus empties himself physically with a forty-day fast and in turn is strengthened spiritually. He retreats to be alone with his Father, nourished only by communion with his Father, in preparation for his upcoming mission. Jesus roots his ministry — in fact, his entire existence — in prayer.

Lent is our desert. It is our forty days of waiting and preparing and is much more than a test to see how long we can hold out from cho-

late. Lent is an opportunity to practice using the gifts of our faith to avoid the many temptations we face each day. The Lenten practices of prayer, fasting, and almsgiving offer a foundation upon which we can build a solid faith. We, too, are called to empty ourselves physically through fasting to make room to be nourished by the loving, merciful presence of God in our lives. We also are being prepared for a mission. Strengthened by this Lenten

season, we are to go forth and share the Good News.

After forty days and nights of fasting, Jesus is hungry, but not just for food. Remember, the Spirit has led him into a period of preparation for ministry. Jesus will begin preaching in Galilee upon returning from the desert. He emerges hungry to share his message of love and mercy, the Good News of redemption and salvation.

Jesus' weapon against the lies and snares of the devil?

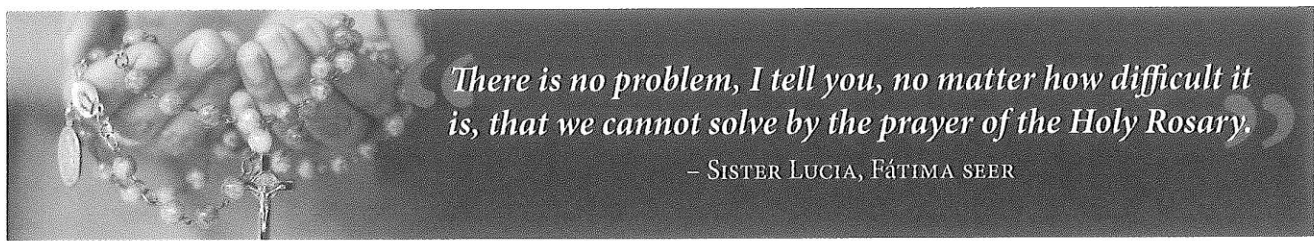
### FOR REFLECTION

- Jesus retreated from the busyness of his daily life for prayer. Are you able to find time during this Lent to fast from some of your activities to give God your undivided attention?
- Do you include solitude, fasting, and Scripture in your prayer time?
- How can prayer help you with the temptations you most often succumb to?

The Word of God, sharper than any two-edged sword (see Heb 4:12). The exchange between Jesus and the devil illustrates not only strength the faithful can draw from for spiritual battle in the Word, but also the great importance of understanding the meaning of each Scripture.

The Prince of Lies twists Scripture for his own advantage, but Jesus, empowered through fasting and prayer, sees clearly through each temptation and orders Satan away. He emerges from the experience ready to begin spreading the Good News.

Where will the next forty days bring you? Will you, too, at the end of your period of waiting and preparation be strengthened by prayer, fasting, and the Scriptures, to avoid temptation?



*There is no problem, I tell you, no matter how difficult it is, that we cannot solve by the prayer of the Holy Rosary.*

— SISTER LUCIA, FÁTIMA SEER

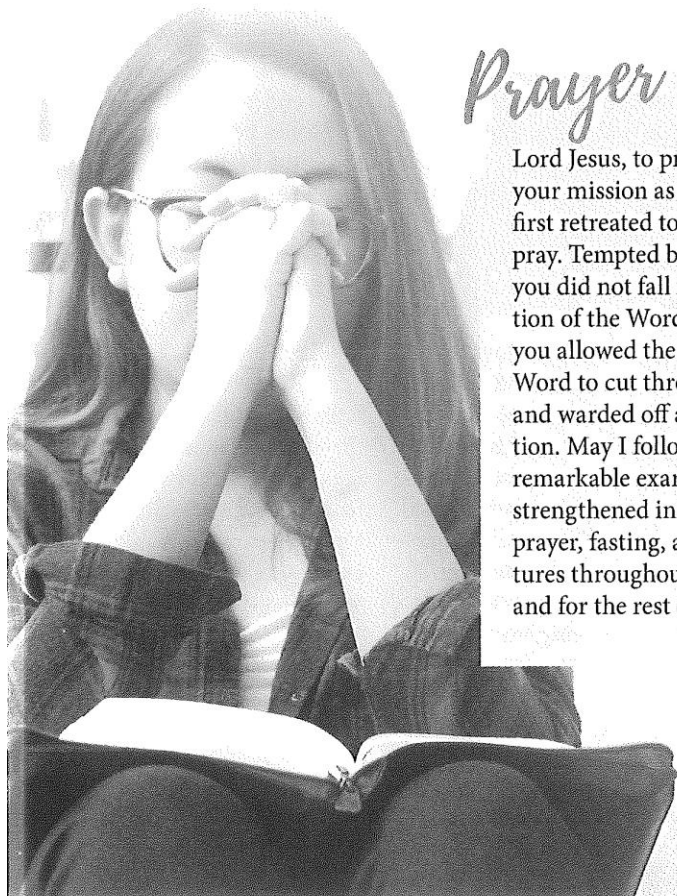
## Don't Know How to Pray?

Prayer can be an intimidating word. Some people worry they don't pray enough; others feel they aren't saying their prayers correctly. The bad news: You probably are not praying enough. But this problem is easier to solve than you think. We can pray while commuting to work or school, folding the laundry, even during our recreation. St. Paul instructs us to "pray without ceasing" (1 Thes 5:17), meaning, throughout the day, all day. The good news: The only wrong way to pray is not to pray at all. Prayer can be formal or informal, it should flow from your heart.

St. John Damascene wrote, "Prayer is the raising of one's mind and heart to God or the requesting of good things from God" (see *Catechism of the Catholic Church*, 2559). There is a Catholic tradition to help us remember the four types of prayers we can offer to God, through the acronym ACTS.

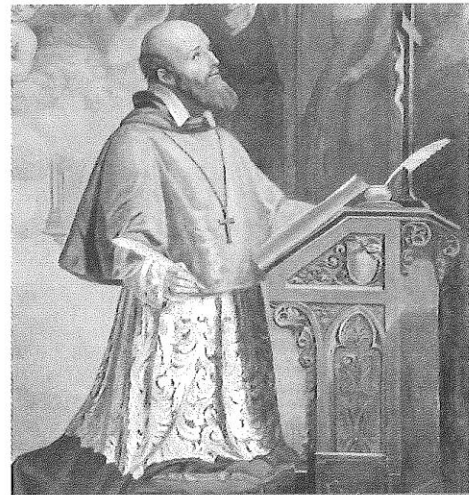
<b>A</b>	<b>C</b>	<b>T</b>	<b>S</b>
Adoration	Contrition	Thanksgiving	Supplication

We'll be looking at each one of these prayer offerings throughout the coming weeks of Lent.



### Prayer

Lord Jesus, to prepare for your mission as Savior, you first retreated to fast and pray. Tempted by the devil, you did not fall for his distortion of the Word. Instead, you allowed the truth of the Word to cut through the lies and warded off all temptation. May I follow your remarkable example to be strengthened in faith through prayer, fasting, and the Scriptures throughout this Lent and for the rest of my life.

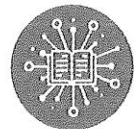


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## Never Too Busy to Pray

St. Francis de Sales believed that every person has a call to holiness. He gave spiritual direction to many lay men and women through letters. His preaching, teaching, and priestly duties kept him incredibly busy. St. Francis, however, knew that, regardless of how busy he became, prayer needed to be at the center of his life. He taught, "Every one of us needs half an hour of prayer a day, except when we are busy — then we need an hour."

## CATECHISM CONNECTION



"Where does prayer come from? Whether prayer is expressed in words or gestures, it is the whole man who prays. But in naming the source of prayer, Scripture speaks sometimes of the soul or the spirit, but most often of the heart (more than a thousand times). According to Scripture, it is the heart that prays. If our heart is far from God, the words of prayer are in vain."

— *Catechism of the Catholic Church*, 2562

